



Background: Addresses a critical challenge in nursing education – enhancing clinical judgment and communication skills in pre-licensure students, particularly in the context of telebehavioral health.

- ✓ To integrate Situational Awareness Global Assessment Technique (SAGAT) into a tele health standardized patient simulation (SPS).
- ✓ Use CLT-informed structuring to manage cognitive load and enhancing learning.

Simulation design: Adheres to HSSoBP & NLN Simulation Design Template (02/2023)

Focus: Students often struggle with therapeutic communication due to:

- Limited real-world clinical exposure
- Gaps in preparation
- The complexity of simulation scenarios (e.g., managing coexisting mental and neurological conditions)

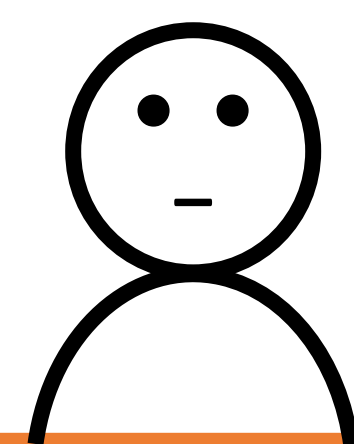
Development process: Involvement of simulation experts, mental health and Parkinson's disease specialists.

SA Checks Guided by Goal-Directed Tasks

First check during information gathering phase:

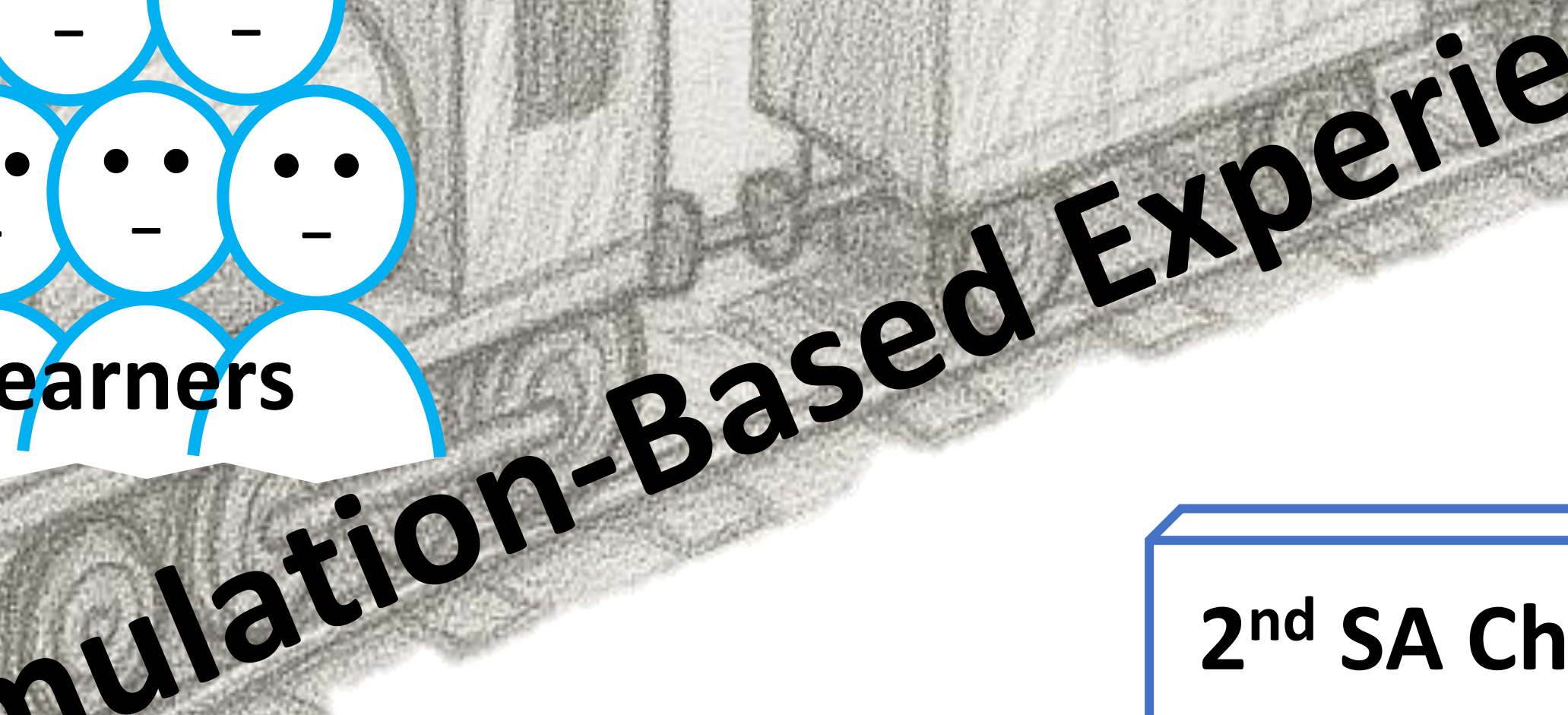
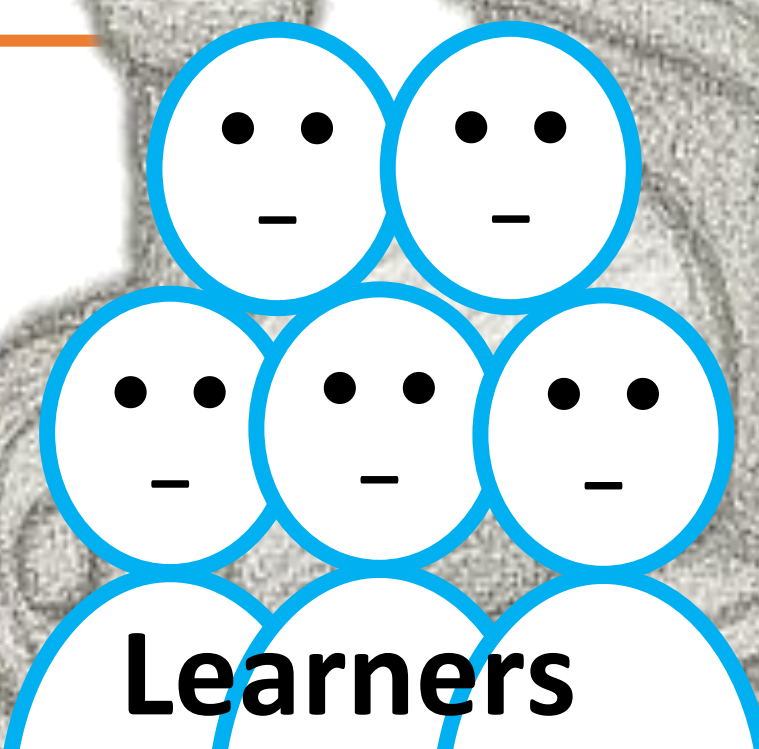
- ✓ To support learners in organizing patient data and identifying priorities while minimizing overload from competing cues.
- Second check during transition to planning and intervention phase:
- ✓ To help learners synthesize findings and ensure readiness to implement interventions.

Check-in Pre-briefing



Clarify logistics upfront, give clear scenario progression outlines, and purposeful and controlled SP cues to help students manage the **extraneous load**.

Facilitator



Learners

Simulation-Based Experience

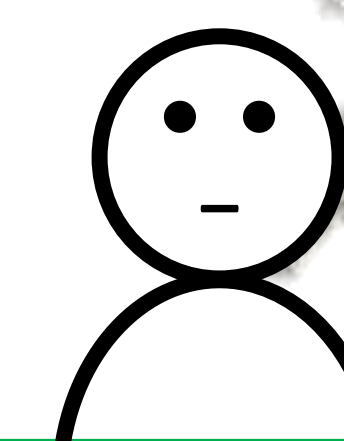
2nd SA Check

2nd SA Check

1st SA Check

Learners prepare the simulation with detailed pre-work, structured pre-brief and broke simulation progression down with SA guided checks. This approach reduced **intrinsic load** by progressively introducing complexity.

Arrival Debriefing



Facilitator

By actively engaging in simulated interactions, students could build strong mental schemas, enhancing the **germane load** and fostering better retention and application of skills.

- **History:** Diagnosed with chronic depression (since age 16), and Parkinson's disease (5 year ago)
- **Situation:** Voluntarily admitted to a behavioral health unit due to suicidal ideation lasting 2 weeks, discharged one week ago
- **Presenting concerns:** Contacted the outpatient Nurse Line reporting feelings of hopelessness, social isolation and frustration with progression of illness
- **Simulation format:** Telehealth encounter with a nurse and a student portraying a family member

APPLICABILITY TO RESEARCH AND PRACTICE

Support competency-based assessment

- ✓ Aligns with INACSL's research priorities by integrating structured assessment checkpoints and benchmarks for therapeutic communication.

Informs curriculum development

- ✓ Offers a replicable model for integrating simulation into nursing curricula.

Bridges educational gaps

- ✓ Addresses critical challenges such as limited placement, inconsistent communication skills and resources, and growing demand for telehealth.

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