# **Reducing Bioburden and Disrupting Hard to Remove Microbial Colonies with The Use of Pure** Hypochlorous Acid (pHA)\* to Reduce Bioburden in all Plastic Surgical Reconstruction

### BACKGROUND

Surgical reconstruction of chronic wounds using soft tissue flaps is a routine approach to achieve closure. Due to the poor tissue quality, longstanding inflammation, bioburden and impaired blood supply, the success of flap closure is marred by reported complication rates of 25-58%.

Pure Hypochlorous Acid (pHA\*) Preserved Cleanser has been studied extensively in its ability to disrupt biofilms. Laboratory studies have shown that hypochlorous acid has the ability to mechanically disrupt 90% of microbial aggregates and colonies after just a short order of exposure

### Pure Hypochlorous Acid (pHA\*) Preserved Cleanser:

- pH range 3.5-5.5 is conducive to healing
- Average skin pH is 5.5
- Ideally combined with sharp debridement where possible for wounds with mature microbial colonies
- 5-8 min of pHA\* solution contact with wound • Treats 90%-95% of microbial colony organisms
- Interacts with organic matter in wound and dissipates in seconds, no residual toxicity concerns • Safe to use with skin substitute grafts in same operative setting
- Rapid rate of bacterial removal with pHA\* solution is seen (in vitro) [1]
- Chronic wounds and plastic surgical wound reconstructionis complicated by
- Microbial contamination, complex colony formation, pH disturbance from a mildly acidic range
- Basic science research has demonstrated efficacy of pure hypochlorous acid (pHA\*) cleanser against microbes and complex colonies, as well as favorable effects on keratinocyte and fibroblast migration HOCl is a component of the innate immune response
- Aids pathogen killing via the neutrophil oxidative burst [2]

### **OBJECTIVE**

We hypothesize that pHA Preserved Cleanser that has been utilized for wound cleansing may be beneficial for patients who undergo surgical wound reconstruction.

### **METHODS**

- A retrospective review over a 20- month period
- 95 surgical reconstructive procedures
- 93 of 95 patients received pure Hypochlorous Acid (pHA) based cleanser that has a pH of 3.5 to 5.5, to help reduce the bacterial burden prior to closure.
- The two patients who did not were being treated for localized skin cancers that underwent resection and local flap closure as an outpatient procedure

### **Demographics:**

- 95 patients (57 male 38 female))
- 93 patients: 60 pressure ulcers, 6 lower extremity wounds (venous stasis ulcers), 6 cancer resections, 6 abdominal wall reconstructions, 6 Hidraadenitis and or pilonidal disease, and 5 miscellaneous (autoimmune disease, TMA neuroma, and Morel-Lavallee lesion), and 4 with hardware exposed. • 2 patients: Facial skin cancer underwent resection with local flap without use of pHA
- 1 Surgeon
- Hospitalist for medical management
- Infections Disease specialist for antibiotic management

### RESULTS

- 93 surgical procedures were performed and treated with pHA to assist bacterial burden • All patients received pHA soak and or irrigation intraoperatively. The HOCI was placed in a sterile container
- on the operative table. Following excisional debridement and pulse vac irrigation in those cases with significant debris, pHA was poured onto a lap sponge or 4x4 gauze, with the pHA soak intraoperatively for 10 min. We report no postoperative infections in all cases presented here.
- **Complications:** 20%
- Incisional Dehiscence: 15 (13 Pressure ulcers 1 HA, 1 Abdominal wall)
- Seroma: 2
- Partial graft loss: 2
- Post op infection: 0

PROVEN EFFICACY ON PLANKTONIC GERMS

Bacteria die 3-6 logs, most with 5 logs minimum, within seconds of HOCl exposure.

Organism	Time to kill	% Reduction
MRSA	15 seconds	99.999%
VRE	15 seconds	99.999%
Escherichia coli	15 seconds	99.999%
Acinetobacter baumannii	15 seconds	99.999%
Bacteroides fragilis	15 seconds	99.999%
Candida albicans	15 seconds	99.999%
Enterobacter aerogenes	15 seconds	99.999%
Enterococcus faecium	15 seconds	99.999%
Haemophilus influenzae	15 seconds	99.999%
Klebsiella oxytoca	15 seconds	99.999%
Klebsiella pneumoniae	15 seconds	99.999%

Organism
Micrococcus luteus
Proteus mirabilis
Pseudomonas aeruginosa
Serratia marcescens
Staphylococcus epidermidis
Staphylococcus haemolyticus
Staphylococcus hominis
Staphylococcus saprophyticus
Streptococcus pyogenes
Staphylococcus aureus
C. difficile endospores

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[3]

PHA WITH GAUZE SOAK **PERFORMED FOR 10** MINUTES PRIOR TO CLOSURE

FLAP CLOSURE



NPT PLACED FOR INCISIONAL MANAGEMENT

HEALED. NO INFECTION



secondary dehiscence.

**Medical history:** DVT, PE (On anticoagualants) **Treatment:** 

- Taken to OR for surgical closure with finding of deep tissue abscess.
- Underwent drainage of abscess and debridements.
- Intraoperatively, pHA utilized as 10-minute soak NPWTi-d initiated with pHA
- Returned to OR 72 hours for definitive surgical closure.
- Intraoperatively, pHA utilized as 10-minute soak
- Placental Allograft placed to optimize healing
- NPT initiated for incisional management immediately following closure





DAY 4

PHA WITH GAUZE SOAK PERFORMED FOR 10 MINUTES FOLLOWED BY NPWTI-D

DAY 3



NPT PLACED FOR INCISIONAL MANAGEMENT

### CONCLUSIONS

pHA Preserved Cleanser that has been utilized wound cleansing may be beneficial for patients who undergo surgical wound reconstruction.

of postoperative infection.

pHA seems to be compatible with the use of biological matrices used to promote wound healing such as human dermal matrix and amniotic grafts.

We believe there may be a role for pHA to remove biorburden, necrotic tissue, and associated debris to lead to infection free in patients undergoing surgical wound reconstuction.

## REFERENCES

1. Winterbourn CC, et al. J Biol Chem. 2006;281(52):39860-39869. Robson, MC. Wound Manage Prev. 2020;66(5):9-10. Nagoba B, et al. Wounds. 2015;27(1):5-11. Hidalgo E, et al. Chem Biol Interact. 2002;139(3):265-282.

- 2. Sultana S, et al. Infect Immun. 2020;88(7):e00964-19.
- 4. Urgo Labrotory Data

74 yo female s/p spine surgery complicated by PE requiring antigoagulation that resulted in hematoma and







DEBRIDEMENT PERFORMED FOLLOWING DRAINAGE **OF ABSCESS** DAY 3



PHA WITH GAUZE SOAK PERFORMED FOR 10 MINUTES PRIOR TO CLOSURE

**6 WEEKS** 



HEALED. NO INFECTION

pHA utilized intraoperatively as a 5-10-minute soak may help reduce bacterial burden and may reduce the risk

3. pHA Wound Solution data developed from USP 51 Antimicrobial testing. Bohn GA, Champion S, Eldridge K. Can the use of hypochlorous acid change your dressing selection? Poster Presentation: Symposium for Advanced Wound Care; 2013; Orlando, FL. Nerandzic MM, et al. PLoS One. 2013;8(7):e68706.

5. Modified from Robson M. The Scientific Bases for the Use of Hypochlorous Acid to Avoid Pitfalls. Wounds. 2019;Suppl.