# Impact of Training Site on Practice Location

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### INTRODUCTION

- Living in a rural, or underserved area has impacts on healthcare access
- Two thirds of Health Professional Shortage Areas (HPSA) are in rural areas, with 46 million Americans living in these areas<sup>1</sup>
- Traveling a greater distance leads to a decrease attending appointments<sup>2</sup>
- Children in rural areas have the highest poverty rate and are less likely to receive care<sup>2</sup>
- 47% of children living in rural areas are insured by Medicaid<sup>3</sup>
- Healthcare professionals are ten times more likely to work in rural areas if they have previously lived in a rural area<sup>4</sup>
- While ~40% of pediatric dental residents would like to practice in a rural area, only  $\sim 4\%$  intend to do so<sup>5</sup>
- The number or pediatric dentists available has an impact on dental care for pediatric patients<sup>6</sup>
- NYU Langone has multiple Advanced Education in Pediatric Dentistry (AEPD) training sites located in urban and rural settings. Yakima, WA is a rural site, and San Diego is an urban site

### PURPOSE

To determine if there are any significant differences in age, gender, insurances accepted, services offered, number of years practicing, desired practice location before residency, and practice location post residency between pediatric dentists who trained in an urban (San Diego) vs a rural (Yakima) setting

### METHODS

- A survey was sent to 27 Yakima and 54 San Diego NYU Langone AEPD alumni that attended the program between 2014-2022
- Survey questions included: age, gender, insurances accepted, sedation services offered, number of years practicing, desired practice location before residency, and practice location post residency
- RedCap was utilized to send the survey and store data
- Statistical analysis was performed to determine any significant differences



### RESULTS

- There were 25 responses
- 4 were San Diego alumni and 21 were Yakima alumni
- 40% participants were female, 60% male
- suburban location, and 28% intended to work in an urban location
- Currently 20% practice in a rural setting, 52% suburban, and 28% urban

- participants
- Limitations: small sample size

### CONCLUSIONS

- do practice post residency
- age, gender, or services offered

### REFERENCES

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## **NYU Langone Dental Postdoctoral Residency Programs**

• 80% of the participants were 30-39 years old, 12% were 40-44 years old, and 8% were 45-49 years

• 16% of the participants stated an intent to practice in a rural area, 56% stated an intent to work in a

• Medicaid is accepted by 100% of Yakima participants and 75% of San Diego participants

• Oral sedation is offered by 43% of the Yakima participants and 50% of the San Diego participants

• In office general anesthesia is offered by 71% of the Yakima participants and 100% of San Diego

• Hospital privileges are held by 81% of Yakima participants and 25% of San Diego participants

• Where a resident intends to practice after completion of residency is a good indicator of where they

• There is not a significant difference in the training site location's influence on insurances accepted,

• There was a statistically significant difference in where a resident trained and where they went on to practice with 4 of the 5 participants practicing in a rural setting having trained at the rural site

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