

# Maternal Factors and Birth Delivery Impact on Severe Early Childhood Caries

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## Background

- Early Childhood Caries (ECC) is defined as the presence of one or more decayed (non-cavitated or cavitated lesions), missing (due to caries), or filled tooth surfaces in any primary tooth of a child under six years of age.
- Severe Early Childhood Caries (SECC) is characterized by any sign of smooth-surface caries in a child younger than three years.
- It is a significant public health issue linked to pain, feeding and sleep difficulties, school attendance, emotional & social problems, and financial strain on families and healthcare systems.
- SECC is multifactorial in origin, and early intervention and prevention efforts rely on identifying potential contributing factors as early as possible.

## Objectives and Hypotheses

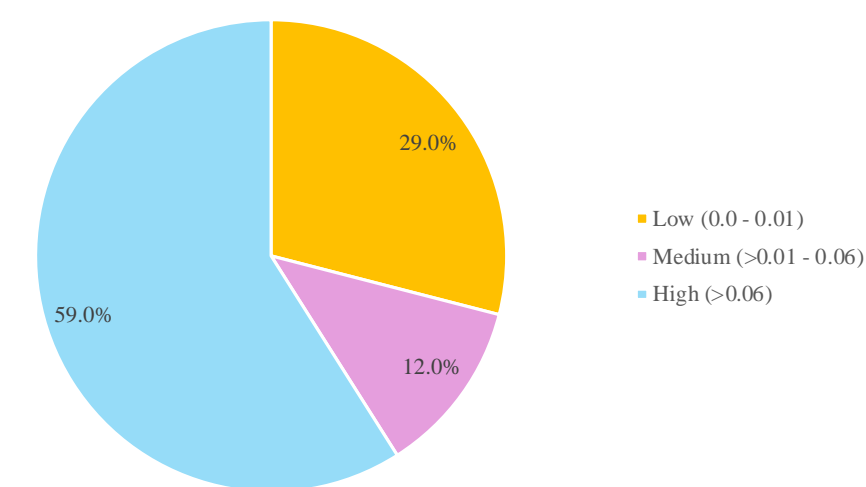
- The study examined the association between SECC and maternal illness during pregnancy, cesarean vs. vaginal delivery, and preterm vs. full-term birth in a university-based infant oral health clinic.
- We hypothesized that there is a difference in the likelihood of developing Severe Early Childhood Caries (SECC) based on maternal illness during pregnancy, mode of delivery (vaginal vs. cesarean), or gestational age at birth (full-term vs. preterm).

## Methods

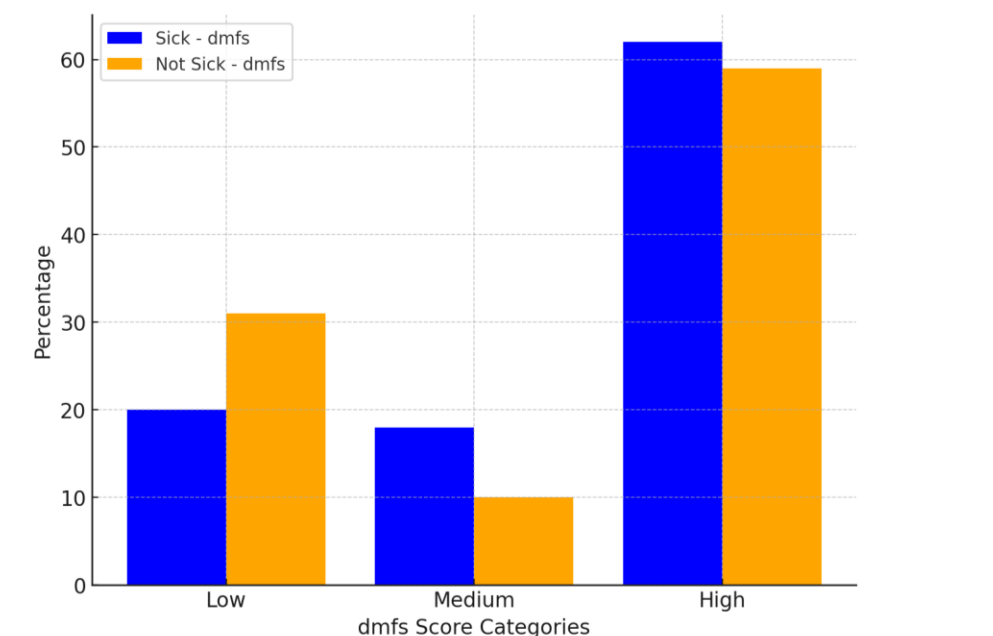
- A retrospective review of axiUm® electronic health records from patients aged 0 to 3 years who received a COE or POE between 8/1/2021 and 8/31/2023.
- 521 out of 801 patient records were analyzed using SPSS statistical software.
- Associations between dmfs scores /categories and each predictor were evaluated using Kruskal-Wallis rank sum & Fisher's exact tests.
- p-values were reported, with values  $\leq 0.05$  being statistically significant distributions in the subgroups being compared.

## Results

- The study cohort had a nearly equal gender distribution, (Male; n=262, 50.3%, Female; n=259, 49.7%).
- Regarding maternal health during pregnancy, the majority were healthy (Non-Sick mothers; n=407, 79.5%, Sick, n=105, 20.5%). For pregnancy term, most births were full-term, (full term, n=448, 86.8%, Preterm, n=68, 13.2 %). For the mode of delivery, vaginal births were predominant, (Vaginal, n=375, 74.4%, C-section, n=129, 25.6%).
- The mean dmfs score across the cohort was 0.1 (SD 0.1) with a range from (0.0-0.5), as follows (Figure 1)



**Figure 1:** dmfs score categorical.

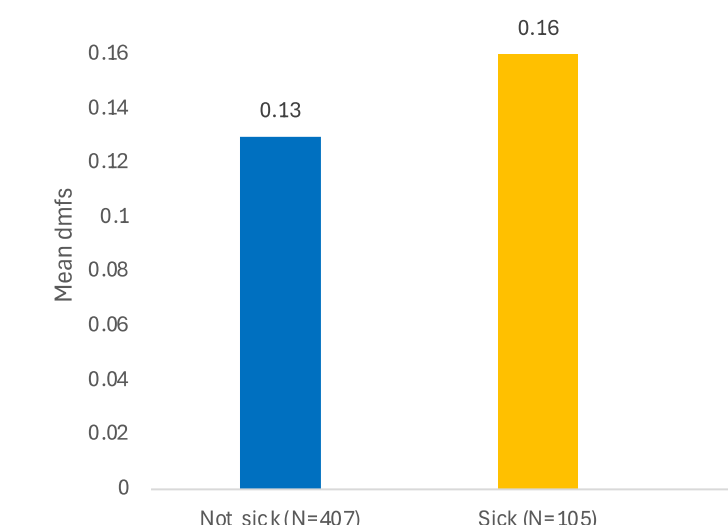


**Figure 2:** Comparison of dmfs score categories by maternal health during pregnancy. p= 0.017 using Fisher exact test.

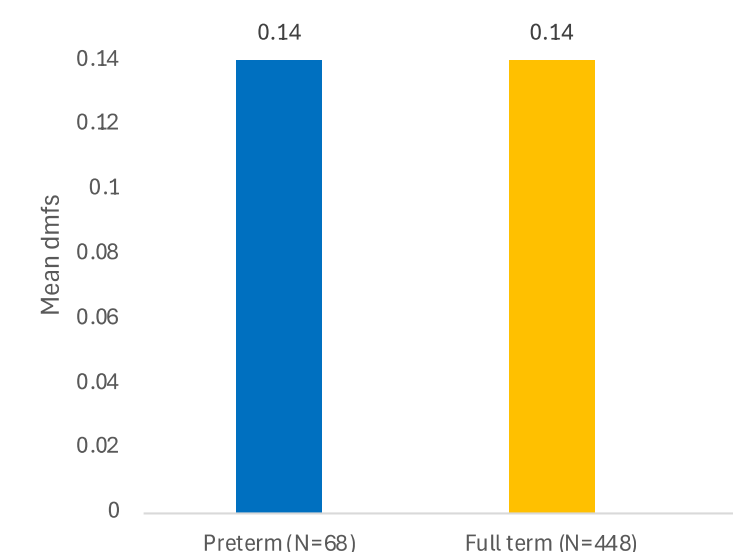
## Results

### Maternal illness and dmfs score

- The analysis of dmfs scores indicates that children born to mothers who were ill during pregnancy had slightly higher scores (median: 0.13, mean: 0.16) compared to those born to healthy mothers (median: 0.10, mean: 0.13).
- The Kruskal-Wallis test yielded a significant p-value (0.042), suggesting a potential association between maternal health during pregnancy and children's dental health.



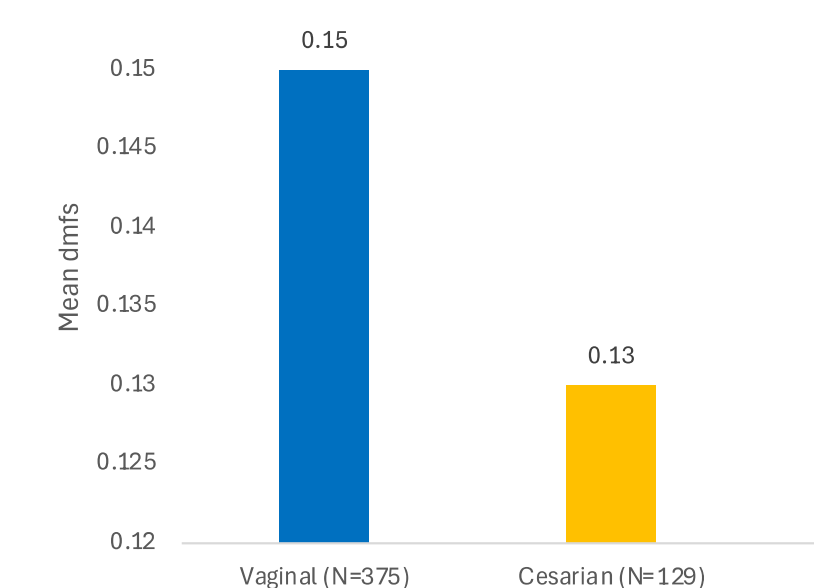
**Figure 3:** Maternal illness and mean dmfs score with p value = 0.042.



**Figure 4:** Pregnancy term and mean dmfs score with p value = 0.65.

### Pregnancy Term and dmfs score

- The analysis of dmfs scores indicates that children born to mothers who were ill during pregnancy had slightly higher scores (median: 0.13, mean: 0.16) compared to those born to healthy mothers (median: 0.10, mean: 0.13).
- The Kruskal-Wallis test yielded a significant p-value (0.65), suggesting no significant association between maternal health during pregnancy and children's dental health.



**Figure 5:** Birth mode and mean dmfs score with p value = 0.076.

### Birth Mode and dmfs score

- The analysis indicates that dmfs scores are similar between children born via vaginal delivery and C-section, with slight differences in medians (0.12 vs. 0.08) and means (0.15 vs. 0.13).
- The Kruskal-Wallis test (p = 0.076) suggests no statistically significant difference between the groups, though the result is close to significance.

## Conclusions

From the results of this study, the following conclusions can be made:

- Maternal health during pregnancy may influence children's dental health, with higher dmfs scores observed in children born to mothers who were ill during pregnancy.
- No significant differences in dmfs scores were found based on pregnancy term (PT vs. FT) or mode of delivery (vaginal vs. C-section).
- Other confounding factors such as socioeconomic status, dietary habits, oral hygiene, access to dental care, and genetic predisposition may also play a role in early childhood dental health.

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## References

