



# HIV Status Impact on Oral Health-Related Quality of Life in 3- to 4-year-old Kenyan Children

Erin Welter, DDS<sup>1</sup>; Yan Wang, PhD<sup>2</sup>; Arthur Kemoli, BDS, PhD<sup>3</sup>; Immaculate Opondo, BDS, MDS<sup>4</sup>; Ana Lucia Seminario, DDS, PhD, MPH<sup>1</sup>

<sup>1</sup>Department of Pediatric Dentistry, University of Washington School of Dentistry, Seattle, WA <sup>2</sup>Department of Biostatistics, University of California Los Angeles School of Dentistry, Los Angeles, CA <sup>3</sup>Department of Pediatric Dentistry, University of Nairobi, Nairobi, Kenya <sup>4</sup>Department of Pediatric Dentistry, Maseno University, Kisumu, Kenya

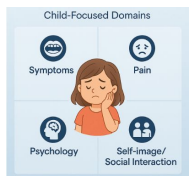


## Background

- Children living with HIV are at increased risk for oral health disease characteristics, which can negatively affect oral health-related quality of life (OHRQoL).
- The Early Childhood Oral Health Impact Scale (ECHOIS) questionnaire utilizes an outcomes model aimed to measure OHRQoL in preschool children.
- This study investigates the impact of HIV status on OHRQoL using ECHOIS questionnaire among Kenyan children aged 3-4 years.

## Methods

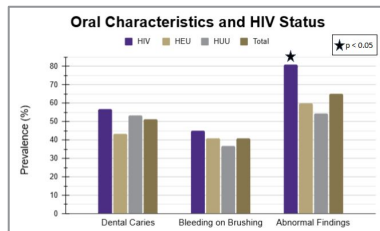
- A total of 360 children were recruited from clinics in Western Kenya and categorized by HIV status
- HIV statuses include: HIV+ (HIV;N=120), HIV-exposed uninfected (HEU;N=120), and HIV-unexposed uninfected (HUU;N=120)
- The ECHOIS assessed 4 child-focused domains: symptoms, function, psychology, and self-image/social interaction with 9 specific items.
- Higher ECHOIS values reflected a greater prevalence of negative impact on OHRQoL.
- Data were analyzed using descriptive statistics and t-tests (P<.05).



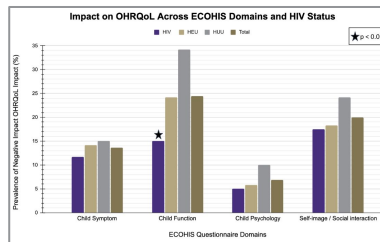
## Results

Table 1: Cohort Characteristics of 3-4-year-old Kenyan Children by HIV Status

Variables	HIV 120	HEU 120	HUU 120	Total 360	P Value
	Mean (SD)	Mean (SD)	Mean (SD)	Mean (SD)	
Age					
Months	3.4 (0.5)	3.4 (0.5)	3.3 (0.5)	3.4 (0.5)	0.350
Sex					
Female	58 (48.33)	63 (52.50)	62 (51.67)	183 (50.83)	0.792
School					
Public	29 (24.17)	32 (26.67)	17 (14.17)	78 (21.67)	0.007
Private	46 (38.22)	52 (43.33)	72 (60.00)	170 (47.22)	
No school	45 (37.50)	36 (30.00)	31 (25.83)	112 (31.11)	
Residence					
Urban	39 (32.50)	41 (34.17)	47 (39.83)	127 (35.47)	0.697
Peri-urban	21 (17.50)	21 (17.50)	15 (12.71)	57 (15.92)	
Rural	60 (50.00)	58 (48.33)	58 (47.46)	174 (48.60)	
Duration of ART Treatment					
12 mo or less	20 (16.67)				
13-24 mo	18 (15.00)				
25-36 mo	37 (30.83)				
37-48 mo	37 (30.83)				
49 mo or more	8 (6.67)				
Viral load (copies/mL)					
VL <50, Not detectable	78 (65.00)				
VL 50-400	23 (19.17)				
VL 400+	20 (16.67)				
Adherence					
≥85%	17 (14.17)				
50-84%	77 (64.16)				
<50%	26 (21.67)				



\*\*Abnormal findings include: submandibular lymphadenopathy, parotid gland enlargement, geographic tongue, general skin rash, perioral fungal infection



\*\* ECHOIS Values based on survey responses: "Never/Hardly Ever"=0 and "Occasionally"=1, "Don't know"=0 (coded as missing). Higher ECHOIS value equates to higher prevalence of caregiver report of negative OHRQoL.

Table 2: Impact on OHRQoL Across ECHOIS Domains and HIV Status

ECHOIS Questionnaire (Domain and Item)	HIV (120)		HEU (120)		HUU (120)		Total (360)		P value
	n (%)	Mean ± SD	n (%)	Mean ± SD	n (%)	Mean ± SD	n (%)	Mean ± SD	
Domain (Child Symptom): How often has your child had...?									
Pain in the teeth, mouth or jaw	14 (11.7)	0.12±0.32	17 (14.2)	0.14±0.35	18 (15)	0.15±0.36	49 (13.6)	0.14±0.34	0.736
Domain (Child Function): How often has your child...because of dental problems or dental treatment?									
Difficulty drinking hot or cold beverages	10 (8.3)	0.08±0.28	15 (12.5)	0.13±0.33	27 (22.5)	0.23±0.42	52 (14.4)	0.08±0.28	0.006
Difficulty eating some foods	13 (10.8)	0.11±0.31	15 (12.5)	0.13±0.33	23 (19.2)	0.19±0.4	51 (14.2)	0.11±0.31	0.147
Difficulty pronouncing any words	7 (5.8)	0.06±0.24	9 (7.5)	0.08±0.26	10 (8.3)	0.08±0.28	26 (7.2)	0.06±0.24	0.748
Missed preschool, day-care, or school	4 (3.3)	0.03±0.18	3 (2.5)	0.03±0.16	3 (2.5)	0.03±0.16	10 (2.8)	0.03±0.18	0.902
Combined Domain	18 (15)	0.17±1.83	29 (24.2)	0.19±2.03	41 (34.2)	0.33±2.19	88 (24.4)	0.10±2.03	0.003
Domain (Child Psychology): How often has your child...because of dental problems or dental treatment?									
Had trouble sleeping	5 (4.2)	0.04±0.2	6 (5)	0.05±0.22	10 (8.3)	0.08±0.28	21 (5.8)	0.04±0.20	0.346
Became irritable or frustrated	4 (3.3)	0.03±0.18	5 (4.2)	0.04±0.2	6 (5)	0.05±0.22	15 (4.2)	0.03±0.18	0.812
Combined Domain	9 (7.5)	0.04±1.24	11 (9.2)	0.06±1.49	16 (13.3)	0.09±1.61	25 (6.9)	0.04±1.46	0.264
Domain (Self-image / Social Interaction): How often has your child...because of dental problems or dental treatment?									
Accented smiling	2 (1.7)	0.02±0.13	3 (2.5)	0.03±0.16	4 (3.3)	0.03±0.18	9 (2.5)	0.02±0.13	0.710
Accented talking	1 (0.8)	0.01±0.09	4 (3.3)	0.03±0.18	6 (5)	0.05±0.22	11 (3.1)	0.01±0.09	0.168
Combined Domain	21 (17.5)	0.03±0.99	22 (18.3)	0.05±2.1	29 (24.2)	0.06±1.28	72 (20)	0.03±1.17	0.972

## Conclusions

1. Mean age was 3.4y(SD=0.5); 51% were females, 47% attended private school, and 49% lived in rural areas.
2. Children with HIV had a higher prevalence of abnormal findings(81%) compared to HEU(60%) and HUU(54%).
3. For the overall *Child Function* domain and item, "Difficulty drinking cold and hot beverages, the HIV group's caregivers reported a statistically significant(P<0.05) lower prevalence of negative OHRQoL impacts(15%,8.3% respectively) compared to HEU(24.2%,12.5%) and HUU(34.2%,22.5%).

## Next Steps

This assessment will be invaluable as a baseline for longitudinal analysis of the impact of HIV status on quality of life of young children in Kenya.

Scan for References



## Acknowledgements

Thank you to University of Washington School of Dentistry, Dept. of Pediatric Dentistry, UW Timothy A. DeRouen Center for Global Oral Health, NIH for their generous funding, entire R21 Team in Kenya, and families and children who participated in the study. Thank you to my research advisor, Dr. Ana Lucia Seminario!