Autologous Serum ocular inserts for treatment of Dry Eye Disease



Hend Abdelmohsen, Vishal Jhanji, Morgan Dileo Department of Ophthalmology, University of Pittsburgh, USA Contact: hend.abdelmohsen@pitt.edu

Background

Dry eye disease (DED)





Prevalence rate is 5-50%, 75% in adults >40 years old

Loss of tear film homeostasis

Current treatment

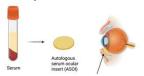
- · DED treatment requires multiple eye drop instillation daily
- Poor bioavailability
- · Ocular toxicity with prolonged use



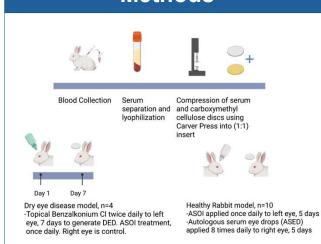
Proposed treatment

Preparation of ocular insert containing serum as an active ingredient.

- · Growth factors that help maintain eye health
- · Once daily treatment
- · Improved shelf life
- · Reduced side effects



Methods



References

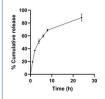
- Shtein, R.M., et al. Ophthalmology, 2020, 27(1):128-133.
- Mondal H., et al. Pharmaceutics, 2023,15(3):990.
- Sakpal, D., et al. BioNanoSci., 2025,15(97).

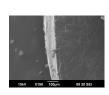
Acknowledgement

- · Hillman Foundation
- Eye and ear foundation
- · Unrestricted grant from research to prevent blindness
- P30 core grant

Results

Characterization of ASOI

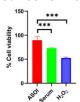




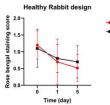


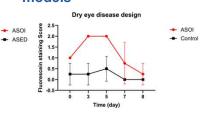
In vitro activity in dry eye corneal cells model

- 200 μM of H₂O₂ was selected to generate ROS in corneal cells.
- ASOI demonstrated superior ability to protect the cells from excessive oxidative stress.
- One way ANOVA, p<0.001



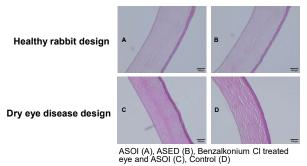
In vivo activity in Healthy and dry eye rabbit models





ASOI was able to deliver the same amount of serum as ASED without showing signs of inflammation and to reverse the symptoms of DED triggered by Benzalkonium CI

H&E corneal sections



Conclusion

- This insert allowed for the release of serum in a simulated physiological environment over 24h.
- High therapeutic efficacy in cellular and rabbit dry eye models.
- · Lack of signs for corneal infection or inflammation.
- It could enhance patient compliance by decreasing the frequency of administration and promoting therapeutic efficiency.