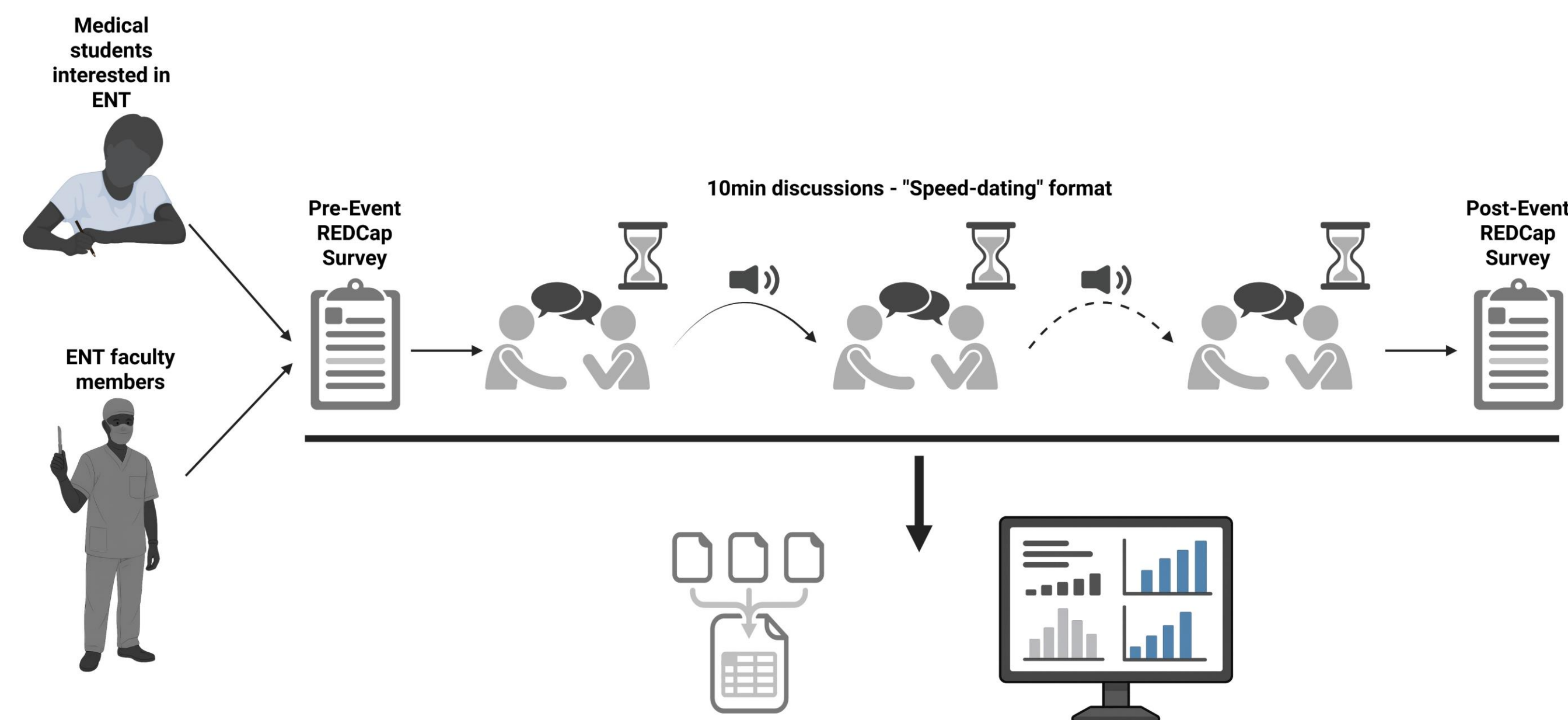


BACKGROUND

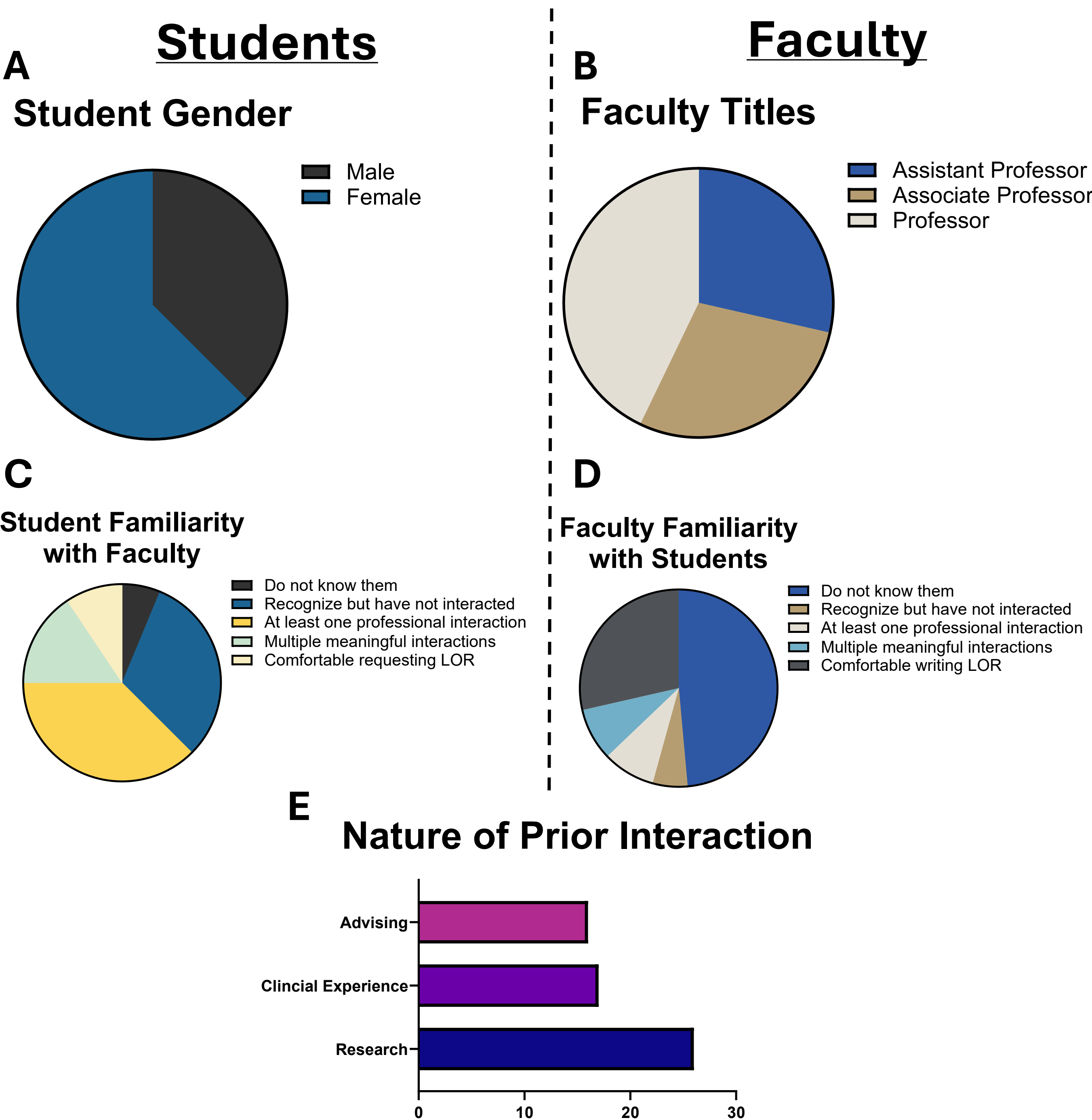
Faculty mentorship and networking are vital for medical students applying to competitive specialties like otolaryngology. To improve student exposure and foster meaningful relationships with ENT faculty, a structured networking event was developed to take place during the critical post-match to application submission period.

METHODS

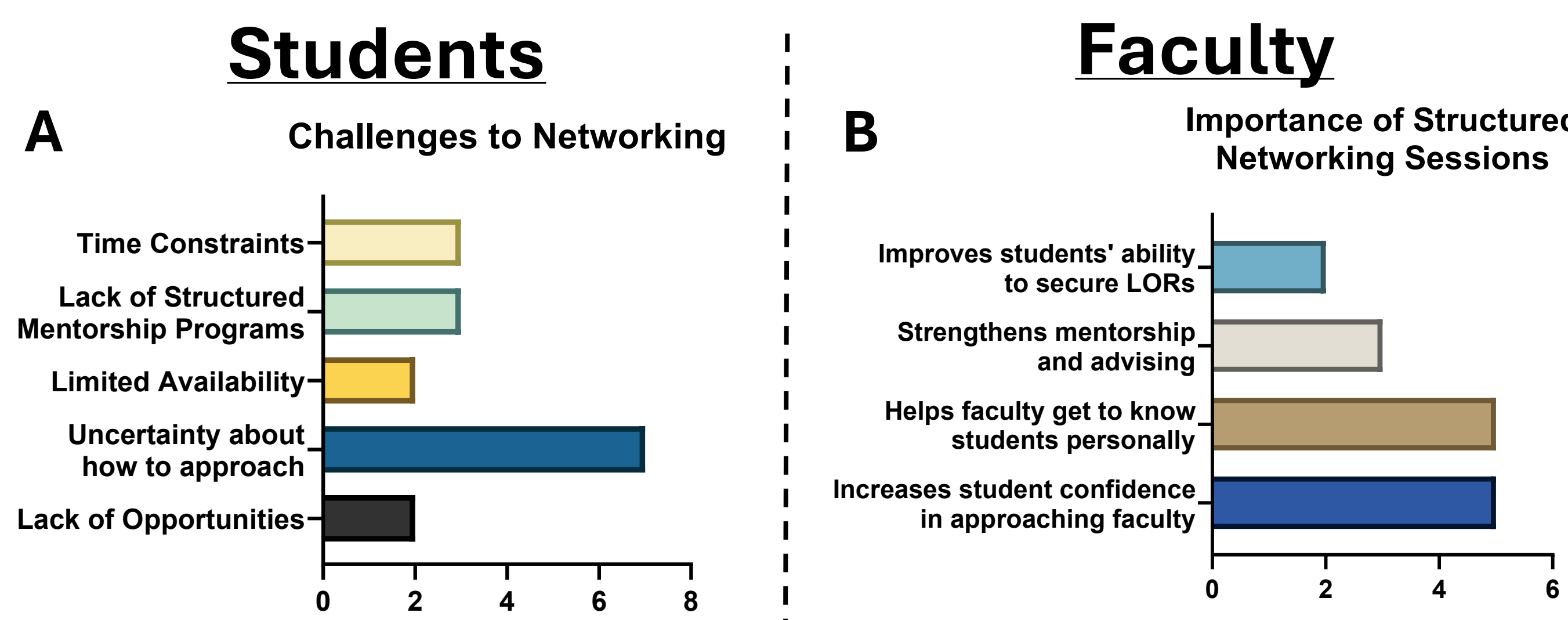
The event included 8 ENT faculty members and 8 medical students applying to ENT residencies. Using a "speed-dating" format, students rotated among faculty members for 10-minute discussions of different topics. Pre- and post-event surveys assessed familiarity between students and faculty and the perceived impact on mentorship opportunities.



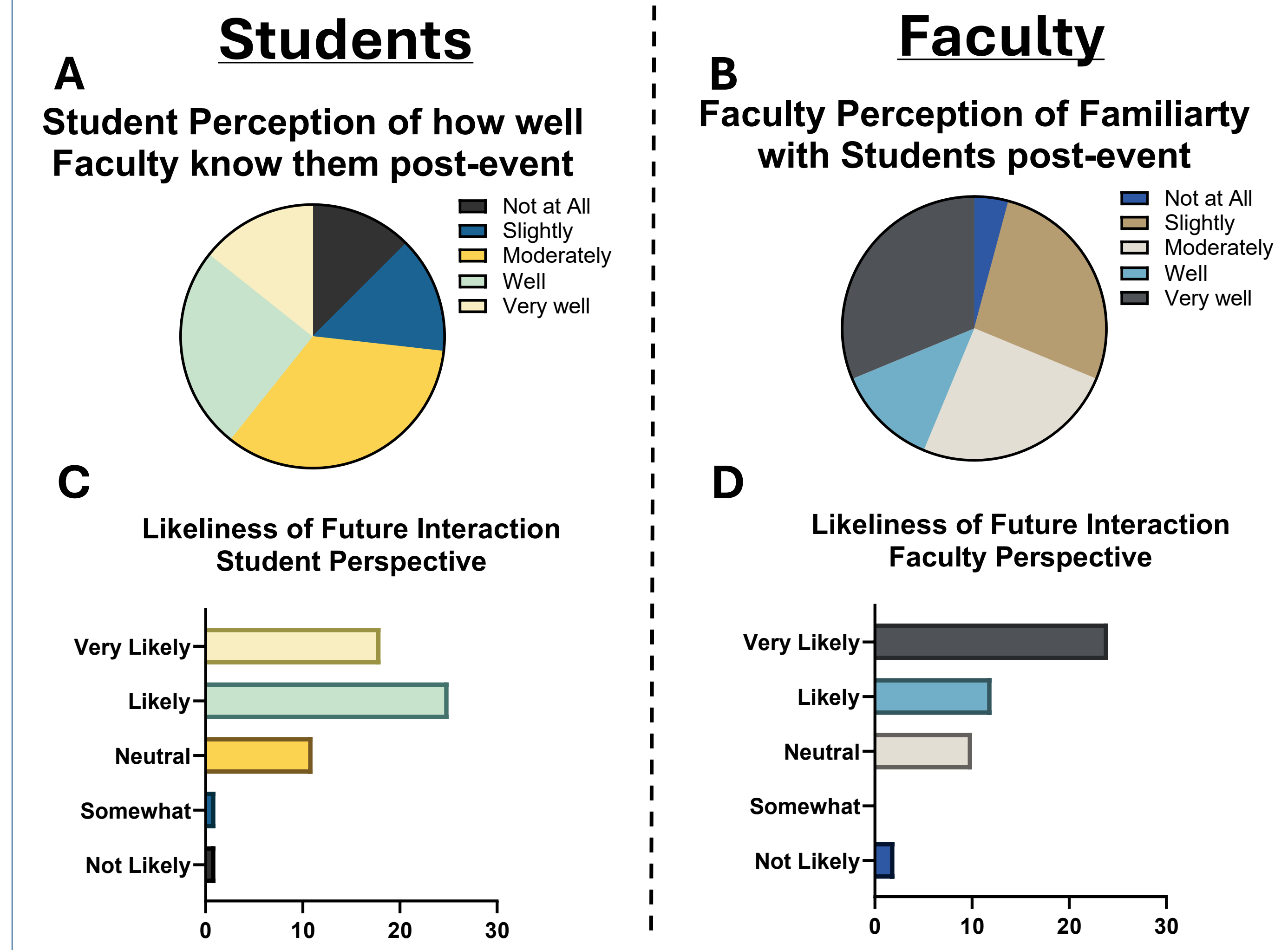
BASELINE RESULTS



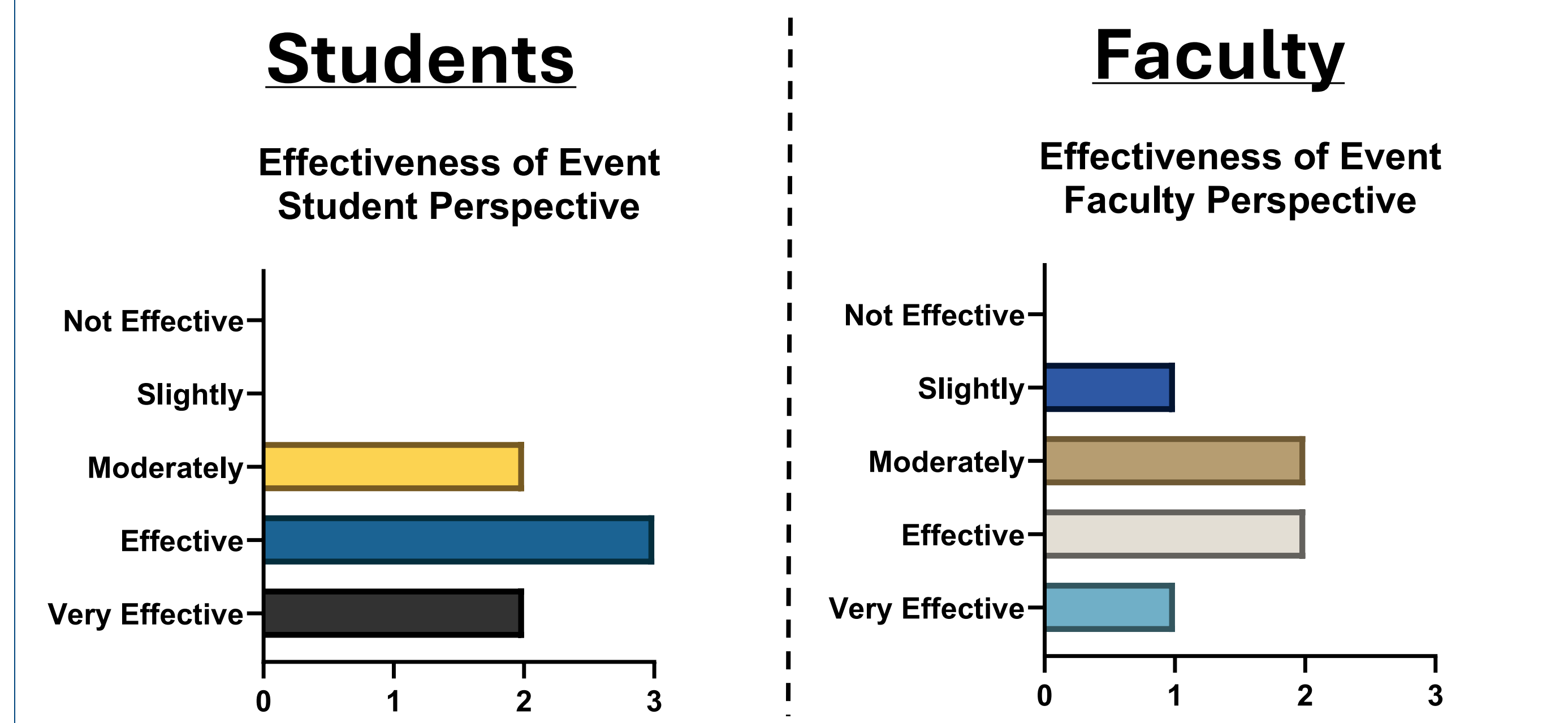
BASELINE RESULTS



POST-EVENT RESULTS



POST-EVENT RESULTS



FEEDBACK & LESSONS

- | STUDENTS | FACULTY |
|---|--|
| <ul style="list-style-type: none"> Structure & Format <ul style="list-style-type: none"> Suggested starting each room with a defined topic to guide discussion. Recommended having a list of guiding questions available. Positive Impressions <ul style="list-style-type: none"> Found the format engaging and the time with faculty appropriate. Considered it an excellent way to connect with faculty. Logistics <ul style="list-style-type: none"> Some students did not meet all participating faculty. Overall Impressions <ul style="list-style-type: none"> Expressed gratitude for the organization of the event. | <ul style="list-style-type: none"> Preparation & Goals <ul style="list-style-type: none"> Students should clarify what they want to gain (focus on gaps in knowledge, not just practice interviews). Connections & Mentorship <ul style="list-style-type: none"> Faculty often knew students already through shadowing/FLEX; speed-dating added another touchpoint. Encouraged earlier outreach to leadership and involvement of more junior faculty. Logistics <ul style="list-style-type: none"> Request for food before the event. Suggested adding "N/A" option when meetings don't occur. Overall Impressions <ul style="list-style-type: none"> Found students professional, well-prepared, and strong candidates. Viewed the format as enjoyable and valuable; also a useful interview practice. |

CONCLUSION

The ENT Speed-Networking event successfully increased faculty–student familiarity, highlighted opportunities for mentorship, and boosted student confidence in the residency application process. Both faculty and students valued the structured yet flexible format, and feedback underscored the importance of early engagement and clear goals. This model is a practical, replicable approach to fostering meaningful mentorship relationships that may ultimately strengthen residency match outcomes.